



## Body Massage

### **Calm Massage**

This nurturing aromatic massage is inspired by the rolling hills of Thailand's green northern valleys. Long calming strokes enhance circulation, creating a sense of deep relaxation, while the fragrance of fresh pine, olive and neroli and the calming rhythms of wind chimes and small bells help awaken the senses.

### **Hot Seashell Massage**

Our trained therapist employs a hot seashell compress to roll away muscle tension. Then our special massage technique adapted from 'Hooloo Vahi', a traditional southern Thailand performance art stimulates circulation and reawaken your senses. In the background the soothing sound of the waves and the energizing power of the ocean summons a deep calm from within you.

### **Bamboo Massage**

To the evanescent rhythms of Issan country music, our therapist combines elegant hand gestures with rolling pressure applied via freshly cut bamboo to create a rejuvenating massage that brings your whole body to life and makes your skin feel like it's dancing.

<b>Price:</b>	<b>70 minutes</b>	<b>THB 2,500++</b>
	<b>90 minutes</b>	<b>THB 2,800++</b>
	<b>120 minutes</b>	<b>THB 3,200++</b>
	<b>140 minutes</b>	<b>THB 3,800++</b>

### **Thai Massage**

Using point pressure to stimulate the body nerve meridians and stretching techniques to create passive yoga postures, Thai massage relieves muscle tension, stimulates blood circulation and invigorates the body, mind and soul. This oil-free massage is especially recommended for those who prefer a forceful massage.

<b>Price:</b>	<b>70 minutes</b>	<b>THB 2,000++</b>
	<b>90 minutes</b>	<b>THB 2,400++</b>
	<b>120 minutes</b>	<b>THB 2,800++</b>
	<b>140 minutes</b>	<b>THB 3,000++</b>

### **Stress Relief Foot Massage**

This three-stage treatment begins with herbal foot cleansing and gradually moves on to healing reflexology to bring the whole body back to its natural balance point and ensure healthy energy flow. The treatment concludes with a warm foot wrap comprising tamarind pulp and palm sugar to soften dry, hard skin and restore foot health.

<b>Price:</b>	<b>30 minutes</b>	<b>THB 750++</b>
	<b>60 minutes</b>	<b>THB 1,200++</b>

*(With complimentary footbath and foot scrub)*



## Body Scrub

### **Honey & Herbs Skin Refresh**

Discover a treatment that effortlessly suggests the healing power of the far north with its refreshing mountain breezes, the scents of flora valleys and the ancient wisdom of the *Lanna* culture. Comprising turmeric, cooling 'plai' root, lemongrass core, and golden lychee honey, our gentle exfoliate brings a delicious healing glow to the whole body.

### **7 Grains Scrub**

Savor the moment as you are transported to the north east of Thailand and the vibrant hues of endless golden rice fields. Our unique rice body scrub contains seven different grains, gently combined with fresh cream and honey to create a magical experience that gently massages away dry damaged skin to bring your whole body back to peak condition.

### **Coconut Skin Refresh**

From the balmy tropical climate of southern Thailand comes a delicate natural body scrub with a rejuvenating fusion of coconut milk, black sesame, lightly browned coconut meat, and finger roots carefully blended to soothe, nourish and moisturize damaged, dry skin.

**Price:**

**50 minutes**

**THB 1,800++**

## Body Wrap

### **Honey & Ripe Papaya Wrap**

Our natural exotic fruit extract wrap, comes drenched in aromatic honey to smooth and soften skin and help repair damaged tissue.

**Price:**

**30 minutes**

**THB 1,500++**

*(With complimentary footbath and foot scrub)*



### Kiriya Packages

#### **The North Elegance**

Honey & Herbs Skin Refresh	50 minutes	(THB 1,800++)
Aka Compress	50 minutes	(THB 1,800++)
Calm Massage	70 minutes	(THB 2,500++)

**Price: THB 5,200++ 180 minutes**

#### **The Dawn Influence**

7 Grains Scrub	50 minutes	(THB 1,800++)
Honey & Ripe Papaya Wrap	30 minutes	(THB 1,500++)
Bamboo Massage	70 minutes	(THB 2,500++)

**Price: THB 4,500++ 160 minutes**

#### **South Sea Secret**

Coconut Skin Refresh	50 minutes	(THB 1,800++)
Hot Seashell Massage	70 minutes	(THB 2,500++)

**Price: THB 3,600++ 130 minutes**

#### **Central Serenity**

Thai Massage	70 minutes	(THB 2,000++)
Stress Relief Foot Massage	60 minutes	(THB 1,200++)

**Price: THB 3,000++ 140 minutes**

*(With complimentary foot bath and foot scrub)*



### **Kiriya Facial Treatment**

Facial skin is incredibly delicate and Kiriya recommends a one-on-one consultation with our spa receptionist for a customized treatment based on your individual skin type. The range of treatments available includes cleansing, toning, exfoliating, massage and masks. Of course we insist upon pure natural ingredients that are both gentle and effective and individually suited to your specific skin type.

**Price:**

**60 minutes**

**THB 1,800++**

### **AKA Compress**

For our *Aka Compress* our therapists have selected *Mor Hom*, a traditional indigo colored cotton that offers superior heat absorption while remaining incredibly soft and supple. As a wrap for healing herbs it creates a whole body compress to heat-treat muscular aches and pains, alleviate tension and stimulating circulation.

**Price:**

**50 minutes**

**THB 1,800++**

### **Bathing Ritual**

#### **Bubble Bath**

Discover true indulgence in a luxuriously sensual immersion that helps to sooth away aching muscles and joints and gently stimulate circulation.

#### **Skin Nourishing Milk Bath**

This ritual bath nourishes the skin with milk protein to help to soothe and nourish dry and sensitive skin.

#### **Floral Bath**

Luxuriate in a tropical flower float infused with essential oils to transcend the present and take your body into a state of total renewal.

#### **Herbal Bath**

Pamper yourself with a long relaxing soak in our exotic herbal bath, a scintillating blend of indigenous, health giving herbs for a complete stress release experience.

**Price:**

**25 minutes**

**THB 800++**



### **Hours of Service**

Kiriya Spa is open daily from 10.00 to 22.00 hrs.

Final treatment commences at 21:00 hrs for 60-minute sessions or 19:00 hrs for sessions lasting longer than 60 minutes.

### **Arrival**

To make the most of your Kiriya Spa experience we recommend arriving early prior to your appointment time. On arrival you will be greeted in the spa lobby and escorted to the spa treatment room.

### **Calm**

To ensure all guests enjoy the serenity of Kiriya Spa, we respectfully request that all visitors keep noise to a minimum. Please leave cell phones and electronic devices in your rooms.

### **Special Note**

If you have high blood pressure, heart conditions, allergies, are pregnant or have any other medical complications, we recommend that you to consult your doctor before undertaking any spa services. Please make your spa therapist is aware of any medical or physical conditions.

Out of consideration to other guests (and prohibited by law) please refrain from smoking and drinking alcohol within the spa premises.

### **Cancellation Policy**

At least 6-hour cancellation notice is required to help us reschedule your appointment, subject to availability.

Any cancellation with less than 4 hours notice will incur a 50% cancellation fee. Full charges will be imposed for a 'no-show'.

### **Payment**

All prices are subject to 10% service charge and 7% VAT.

Payment can be made by cash or credit card.

We welcome VISA/MASTER/JCB.

Optionally for hotel guests, you can sign your spa bill to your room account.